

<p>FULL PAGE INSIDE HEADER AND FOOTER 190 X 257mm</p>	<p>HALF PAGE VERTICAL 93 X 259mm</p>	<p>THIRD PAGE VERTICAL 62 X 259mm</p>	<p>QUARTER PAGE VERTICAL 45 X 259mm</p>
<p>HALF PAGE HORIZONTAL 190 X 127mm</p>			
<p>THIRD PAGE HORIZONTAL 190 X 84mm</p>			
<p>QUARTER PAGE HORIZONTAL 190 X 62mm</p> <p>files preferred are quark (pc/mac) Illustrator epss text converted to curves Press ready PDFs (fonts embedded) will accept other popular desktop publishing programs after consulting with Tony McMahon</p> <p>***all of the above should be created in CMYK not RGB</p>			